


INDIRA GANDHI NATIONAL OPEN UNIVERSITY
VISAKHAPATNAM REGIONAL CENTRE
STUDY CENTRE CODE: 84014P, PLACE GOVERNMENT COLLEGE OF NURSING KAKINADA
COUNSELLING SCHEDULE-BNS-041 - FOUNDATIONS OF COMMUNITY HEALTH

Sl. No.	DATE	TIME	UNITS	TOPIC	Name of the academic Counsellor
			BLOCK-1	TRODUCTION TO PUBLIC HEALTH AND EPIDEMIOLOGY	
1	28-03-2025	4-5pm	UNIT-1	Concepts of Community Health	Mrs.M.Sugunamani
2		5-6pm	UNIT-2	Health care planning and Organization of Health care at various levels	Mrs.M.Sugunamani
3		6-7 pm	UNIT-3	Environmental and Health Sanitation	Mrs.M.Madhavi
4	29-03-2025	4-5pm	UNIT-4	Introductions of Epidemiology, Empidemiological Approaches and process	Mrs.M.Madhavi
5		5-6pm	UNIT-5	Demography and surveillance and Interpretation of Data	Mrs.M.Umasundari
6		6-7 pm	UNIT-6	Biomedical Waste Management and Infection Control	Mrs.M.Umasundari
			BLOCK-2	NUTRITION	
7	01-04-2025	4-5pm	UNIT-1	Introduction to Nutrition and Nutritional Assessment	Mrs.P.P.N.R.Prakashini
8		5-6pm	UNIT-2	Nutrition during Pregnancy and Lactation	Mrs.P.P.N.R.Prakashini
9		6-7 pm	UNIT-3	Nutrition for infant, child, Adolescent and Elderly	Mrs.P.Chinni
10	02-04-2025	4-5pm	UNIT-4	Nutritional Deficiency Disorders	Mrs.P.Chinni
11		5-6pm	UNIT-5	Food borne diseases, Food Safety	Mrs.M.Madhavi
			BLOCK-3	COMMUNICABLE Diseases and Management under National Health Programmes	
12		6-7 pm	UNIT-1	Epidemiology and specific communicable Diseases	Mrs.P.Mohanamma
13	03-04-2025	4-5pm	UNIT-2	Communicable Diseases-1 Vector borne diseases	Mrs.P.Mohanamma
14		5-6pm	UNIT-3	Communicable Diseases-2 Infectious diseases	Mrs.M.Padma Kumari
15			UNIT-4	Communicable Diseases-2 Zoonotic Diseases	Mrs.M.Padma Kumari
		6-7 pm	BLOCK-4	NON-COMMUNICABLE Diseases and Management under National Health Programmes	
16	04-04-2025	4-5pm	UNIT-1	Epidemiology of Specific Non-Communicable Diseases	Mrs.M.L.B.Tripura
17		5-6pm	UNIT-2	Non Communicable Diseases 1	Mrs.M.L.B.Tripura
18		6-7 pm	UNIT-3	Non Communicable Diseases 2	Mrs.M.Padma Kumari
19	05-04-2025	4-5pm	UNIT-4	Occupational Diseases	Mrs.M.Padma Kumari
20		5-6pm	UNIT-5	Mental Health substances Abuse Disorders	Mrs.M.Umasundari
21		6-7 pm	UNIT-6	Elderly care	Mrs.M.Umasundari
			BLOCK-5	Communication and Management and Supervision	
22	07-04-2025	4-5pm	UNIT-1	Behaviour change, communication skills and other soft skills	Mrs.M.Sugunamani
23		5-6pm	UNIT-2	Work management and Administration	Mrs.M.Sugunamani
24		6-7 pm	UNIT-3	Leadership, supervision and monitoring	Mrs.M.Madhavi
25	08-04-2025	4-5pm	UNIT-4	Health Management and Information system	Mrs.M.Madhavi
26		5-6pm	UNIT-5	Financial Management accounts and computing at sub centre	Mrs.D.Navodaya
27		6-7 pm	UNIT-6	Records and Reports	Mrs.T.Kanaka laxmi


 27/08/2025
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COUNSELLING SCHEDULE-BNS-042 - PRIMARY HEALTH CARE IN COMMON CONDITIONS**

No	DATE	TIME	UNITS	TOPIC	Academic
			BLOCK-1	MANAGEMENT OF COMMON CONDITIONS AND EMERGENCIES INCLUDING FIRST-AID	
1	09-04-2025	4-5 pm	UNIT-1	Common conditions - Gastro-Intestinal System	Mrs.M.UmaSundari
2		5-6 pm	UNIT-2	common conditions - Respiratory System	Mrs.M.UmaSundari
3		6-7 pm	UNIT-3	Common conditions - Heart, Urinary system and Blood Disorders	Mrs.M.Padmakumari
4	10-04-2025	4-5 pm	UNIT-4	Common conditions - Eye, Ear, Nose and Throat	Mrs.M.L.B.Tripura Sur
5		5-6 pm	UNIT-5	First aid in common emergency conditions	Mrs.Navodaya
6		6-7 pm	UNIT-6	Disaster Management	Mrs.M.Padmakumari
			BLOCK-2	MATERIAL HEALTH	
7	11-04-2025	4-5 pm	UNIT-1	Introduction to RMNCH+A programme	Mrs.P.P.N.R.Prakash
8		5-6 pm	UNIT-2	Antenatal care	Mrs.M.Madhavi
9		6-7 pm	UNIT-3	Intranatal care	Mrs.M.Madhavi
10	12-04-2025	4-5 pm	UNIT-4	Early identification, Management and referral of complications	Mrs.M.Sugunamani
11		5-6 pm	UNIT-5	Postpartum care	Mrs.M.Sugunamani
			BLOCK-3	RE-PRODUCTIVE HEALTH AND ADOLESCENT HEALTH	
12		6-7 pm	UNIT-1	Gynecological conditions	Mrs.M.Madhavi
13		7-8 pm	UNIT-2	Family planning methods, Spacing Techniques and Counselling	Mrs.M.UmaSundari
14		4-5 pm	UNIT-3	Medical abortion and MTP act	Mrs.M.UmaSundari
15	14-04-2025	5-6 pm	UNIT-4	Counselling in Reproductive and sexual Health including problems of Adolescents	Mrs.T.Kanaka laxmi
16		6-7 pm	UNIT-5	Management of Teenage Pregnancies	Mrs.P.Chinni
			BLOCK-4	NEW BORN AND CHILD HEALTH CARE	
17		7-8 pm	UNIT-1	Essential care of Newborn at Birth	Mrs.M.Umasundari
18	15-04-2025	4-5 pm	UNIT-2	Management of Common Neonatal and Child health problems	Mrs.M.Umasundari
19		5-6 pm	UNIT-3	Integrated Management of Neonatal and Childhood illness	Mrs.M.Umasundari
20		6-7 pm	UNIT-4	Introduction to Rastriya Bal Swasthiya Karyakara	Mrs.M.Madhavi
21		7-8 pm	UNIT-5	Universal Immunization Programme	Mrs.M.Umasundari
			BLOCK-5	OVERVIEW OF COMMON SURGICAL CONDITIONS	
22	16-04-2025	4-5 pm	UNIT-1	Common surgical condition-1	Mrs.M.Madhavi
23		5-6 pm	UNIT-2	Common surgical condition-2	Mrs.M.Madhavi
24		6-7 pm	UNIT-3	Congenital Malformations	Mrs.M.Umasundari
25		7-8 pm	UNIT-4	Screening for Common Cancers	Mrs.M.Umasundari
			BLOCK-6	ESSENTIAL DRUGS	
26	17-04-2025	4-5 pm	UNIT-1	Essential Drugs - 1	Mrs.M.Madhavi
27		5-6 pm	UNIT-1	Essential Drugs - 1	Mrs.M.Madhavi
28		6-7 pm	UNIT-2	Essential Drugs - 2	Mrs.M.Madhavi
29		7-8 pm	UNIT-2	Essential Drugs - 2	Mrs.M.Madhavi
30		8-9 pm	UNIT-3	Essential Drugs - 3	Mrs.M.Umasundari

(Signature)
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